

InStyle

JENNIFER GARNER
CANDID TALK
ON BEN,
BABIES
& WHAT'S
NEXT

**What
To Wear
Now...
AND EVEN
INTO
SPRING**

**2012
Is Your
Year!**

what's NOW!

ANTI-AGING, HEAD TO TOE

After years spent tending to the faces of Rachel Weisz and Kate Winslet, N.Y.C. beauty queen Tracie Martyn is moving below the neck. Her newest innovation takes the podlike design of a tanning bed and replaces the damaging UV bulbs with skin-friendly LEDs. "The red light activates the skin's natural rejuvenation process, calms inflammation, and minimizes the appearance of wrinkles," she says. (\$150/15 minute session)



*Bright idea:
Light therapy
is now being
used on the
body.*