

secret ingredient: lime

Crisp and decidedly summery, lime could not be more appealing as the weather gets colder. Used for years to treat scurvy, it's also antiseptic, antibacterial, great for the scalp, and key for oily, acne-prone skin. And it's stimulating—perfect for a mood-boosting candle. Best of all, it puts us in an islandy, mojito-ish mood when we need it most. —Lori Bergamotto



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