



BEAUTY NEWS

# Beauty at Every Age

TRACIE'S CLIENTS



Liv Tyler



Susan Sarandon



Renée Zellweger



Iman



Diane von Furstenberg

## Perfect skin

Star facialist **Tracie Martyn** reveals the tips and products that keep her celebrity clientele glowing

### 20s

#### BANISH BREAKOUTS

"To combat oil and pimples, twice a day use a cleanser that purifies and exfoliates without stripping skin," says **Martyn**, the makeup artist turned aesthetician whose **Resculpting Facial®** is a pre-awards show must for famous faces. Her **Amla Purifying Cleanser™** (\$65, left) contains salicylic acid and antioxidants to help smooth skin and calm redness. "**Liv Tyler** loves it," she says.



### 30s

#### FRESHEN YOUR COMPLEXION

"Start fighting the signs of aging as soon as possible," advises **Martyn**, who suggests adding an exfoliating product to your skin-care regimen. "Remove dead cells and impurities with gentle exfoliators like malic acid, which is derived from pineapples," she says. Also look for kojic acid on the ingredient list—it helps lighten dark spots. Try **Tracie Martyn Enzyme Exfoliant™** (\$90, above right).



### 40s

#### DIMINISH FINE LINES

"Wrinkles can fade with products that contain a transforming growth factors that help encourage the production of skin-plumping collagen," she says.

Want an immediate (albeit temporary) fix for eyes?

**Martyn** recommends her own **LotusSculpt Quick Fix Eye Pads** (\$45 for 10; available at [traciemartyn.com](http://traciemartyn.com)) to soften fine lines and help camouflage dark circles.

### 50s

#### STAY FIRM

**Martyn's** cult **Firming Serum™** (\$185) contains an antiaging cocktail of red-wine extracts to prevent skin thinning and loss of firmness, plus lighteners like the natural peptide glutathione that give any complexion a warm glow. **Susan Sarandon** and **Diane von Furstenberg** are devotees.



### 60+

#### MAINTAIN YOUR GLOW

"You still need to be meticulous about protecting your skin from the sun," says **Martyn**.

#### BOOK AN APPOINTMENT

To schedule a facial with **Tracie Martyn** or one of her associates at her New York salon, call 212-206-9333. Prices for a deep-cleansing facial start at \$250; prices for the **Resculpting Facial®** begin at \$460. Her products are sold at Bergdorf Goodman, select Barneys New York stores and [traciemartyn.com](http://traciemartyn.com).



Tracie Martyn